

Spring Practicum 2010

What is the purpose of Spring Practicum?

Spring Practicum is one of the award winning distinctives of FRCS. It is one of the many tools used to accomplish the mission of FRCS. It allows students the unique opportunity to.....

G

AIN – valuable experiences exploring subjects and activities that extend beyond the school’s normal course offerings.

R

EALIZE – greater faculty-student interaction since all courses are limited in size and meet for an extended period of time.

O

PEN – Student’s hearts to opportunities for Christian fellowship and the development of friendships spanning various grade levels.

W

ISELY – contemplate the numerous opportunities for service and ministry beyond their formal education.

Practicum is a required element of the FRCS junior and senior high curriculum. PARENTS and STUDENTS should both review the information contained in this packet. Please pay attention to the following practicum policies and timeframes when deciding which practicum is best for you.

- Take time to carefully consider all the options and the associated cost and medical capability of the student, then complete the attached choice form. These forms **MUST** be returned with a **PARENT SIGNATURE** by Monday, **November 23rd**. The \$25 deposit fee must have been paid by that date as well and will be applied to the cost of your practicum.
- Practicum sign-up forms turned in after the **November 23rd** deadline will be assessed an **additional non-refundable \$25 late fee** that will **not** be applied toward the cost of the practicum. Students who turn in forms late will lose any seniority in the lottery system.
- Students will receive notice of their assignments by **December 14th**.
- Graduation from FRCS requires participation in at least one practicum identified as meeting the weeklong ministry requirement. Seniors

should make sure they have met this requirement and plan accordingly.

- Practicum assignments will be made via a lottery system with upper classmen receiving preference. Teacher and practicum committee recommendations for practicums requiring a certain skill set, minimum number of students, gender (due to sleeping arrangements for overnighters), or other factors will be considered and may take precedence over lottery results. Full-time students will be given priority over part-time students.
- Every attempt will be made to give all students one of their top three choices of practicum assignment. In some cases, students may be assigned to a practicum that was not one of their choices.
- Students will be permitted to repeat a practicum that they have already attended in a prior year.
- Practicum assignment changes will not be considered except in extreme medical circumstances and with written support from a student's physician. All decisions regarding practicum assignments will be made by the practicum committee and are final.
- Attendance at practicum is mandatory of all students and all students will be assigned a grade for practicum. Sr. High students will receive .25 credits on their transcript per year.
- Students who miss up to two days of practicum will be assessed an 11% reduction in their grade for each day missed. If a student misses more than two days of practicum due to illness, they must present a physician-signed note. All students who miss more than two days of practicum must attend a mandatory summer make-up week-long practicum with an additional expense. Students who miss more than two days of practicum and fail to attend the summer make-up practicum will receive a failing grade on their permanent transcript for practicum.
- Remaining balances for the cost of the assigned practicum will be due at the latest by March 19th, 2010. Individual practicums may have requirements for payment prior to that date.

High School Options

Life on the Ranch

Anything but lazy!

Cost = \$75

Maximum # of students = 12

Mr. Tony Parker and Mrs. Nancy Parker

- *Meets weeklong ministry graduation requirement.*

Come along and enjoy spending a week at Bar Lazy J Guest Ranch. This ranch has been in operation for nearly 100 years and still needs a little TLC before it is open for guests. We will be doing a little painting, raking, light construction, checking equipment, etc. Evenings and off-times will include enjoying the beautiful landscapes, a friendly game of horseshoes, or possibly even a night at the hot springs. Students who choose this practicum should expect to work hard but look forward to the rewarding feeling at the end of each day of a job well done. The generous folks of Bar Lazy J will feed and house us for the week! ****Ranchers will be gone for the week and anyone with allergies to animals or the great outdoors should not apply

Golf "FORE" Jesus

Cost = \$195

Maximum # of students = 24 (Minimum 14)

Mr. Osberg and Mrs. Bloomquist

FORE! Come spend a week enjoying different aspects of golf. We will participate in a day of lessons along with a round of 9 holes of golf. We will challenge you to an exciting day involving a mini-golf tournament and go-cart races. We will travel to the mountains for a hike and an adventurous round of disc golf. We will end the week with an 18 hole best ball golf tournament with prizes. Along with all the golf outings we will take part in a community service day. So, if you enjoy golf, want to learn more about golf, or just enjoy being outdoors and having fun, then come and join us as we Golf "FORE" Jesus!

Breckenridge Ranch Life

Cost = \$125

Maximum # of students = 9 (Girls only)

Mrs. Rogene Lowe

The Bolthouse family has offered their Breckenridge Ranch for our practicum. We will travel to Breckenridge on Sunday afternoon, May 16 and return to Denver late Thursday afternoon, May 20. The ranch was hit by the pine beetle blight, so we hope to plant some seedlings during our time. We will also check out the surrounding areas and visit a hot springs and nearby mountain towns. Of course, we will do some hiking and cooking and watch movies. This practicum is for nine senior high school girls.

The Culinary Institute

Cost = \$175

Maximum # of students = 14

Ms. Amanda Heckman

Do you like to cook, or wish you knew how to? Come spend the week learning to cook more advanced dishes. We will learn all about food, nutrition and how to prepare a tasty meal. Students will have the opportunity to prepare food as a ministry experience. We will also talk about proper etiquette and will eat out at a fancy restaurant before the week is over.

Hike Colorado

Cost = \$70

Maximum # of students = 12 (Girls only)

Mrs. Terri Richardson

We are so blessed to live in such a beautiful part of the country! There is so much to see practically right in our own backyards. During practicum week, we will discover what happened to the Walker home, how John Granby lived and died, try to find our neighborhoods from Red Rocks, and experience the cold water of the South Platte River. We will also spend one day helping Deer Creek Christian Camp get ready for summer visitors.

You will need comfortable hiking shoes, a lightweight jacket, plenty of water, snacks for the trail, and don't forget your camera! With the exception of one picnic lunch, all meals will be included in the cost.

Culture in Colorado

Cost = \$180

Maximum # of students = 16

Mrs. Sara Mathews, Mrs. Sharon Payne, and Mrs. Helen Mozzoni

Come explore the sites of Denver from an evening at Heritage Square Music Hall to a day at the zoo. You may have lived here all your life, but you wonder what tourists do when they come to Denver. Explore downtown and the sites you never knew were there. Take in a show, or enjoy a rich-tasting dinner. Many of the show schedules have not been published yet, so specific activities will have to be announced at a later date.

Senior High Girls Backpacking

Cost = \$110

Maximum # of students = 12-16 (Girls Only)

Mrs. Amy Sutherland

Discover the great outdoors in the beautiful Rocky Mountains and experience the fun of sleeping under the open sky. You will have the opportunity to enjoy the backcountry and learn basic camping and backpacking skills, while enjoying the beauty of God's creation and the company of friends. It's a great chance to take time away from the normal distractions and busyness of everyday life and to be refreshed spiritually and physically.

Cost: includes equipment rental, transportation, two meals a day, water purification tablets, basic camping gear.

Monday: gear check & camp training

Tuesday – Friday: Backpacking in the Rockies which will include lots of exploration, day hikes, team building activities and fun around the campfire!

Friday: Trail Cleanup and Debriefing

Requirements: Sturdy hiking shoes, warm clothes, good attitude and sense of adventure



Delta Force Training – The Dunes

Cost = \$190

Maximum/Minimum # of students = 22

Mr. Gary Fisher and Mr. Greg Blake

“Is any man afraid or fainthearted? Let him stay home ...” Deut 20:8

Welcome to Delta Force Training – The Dunes. We will be packing up the bare essentials for outdoor survival and spending five days and four nights in the rugged and unpredictable landscape of Sand Dunes National Park. The agenda includes: climbing mountains, conquering sand dunes, getting our hands dirty helping the park service, soaking in hot spring pools, learning about the magnificent creation of our God, and no whining. More than once in his ministry Jesus took time to get away from people and his busy ministry to spend time with a chosen few. During this week in the wilderness, you too will be free from distractions and conveniences and will be challenged as individuals and as a group to find your Father again in a new and exciting way.

The cost of \$190 for this guys-only journey includes all lodging, transportation, activities and food from Monday morning to Friday. We will depart Monday morning and return Friday afternoon.

Fish & Chips and Double-Decker Buses

Cost = \$1800

Minimum # of students = 10

Mr. Nick Sigler

Tired of sitting in lit class and reading British stories that have no bearing on your life? Get a new perspective and understand the culture from which you are studying. Come to London, England for a six-day trip that will explore the history and writing culture that still influences America today. Students will tour historical sites such as the Tower of London and Windsor Castle. You will also get a perspective on British authors by going to the Globe Theatre (Shakespeare’s famous theatre) and take a walking Charles Dickens tour that highlights Victorian England and showcases Dickens house that is still standing. We can’t forget British fish and chips, the London Eye, and the double-decker busses! Come and experience a country that has so influenced our own!

This practicum requires a \$900 non-refundable deposit due by 12/04/09.

Open Doors Short Term Missions Trip

Cost = \$125

Maximum # of students = 12 Junior/Senior Girls Only

Mrs. Jeanna Sturniolo

- *Meets weeklong ministry graduation requirement.*

Students will spend a week-long immersion into the ministry of Open Door Ministries in downtown Denver. Students will be involved in a variety of ministries opportunities to the community of Open Door which includes the homeless, disabled, preschool and school-age kids, staff, women in crisis, etc. The week provides a wonderful opportunity for relationship building with the staff and residents of Open Door as well as between students and FRCS staff.

The practicum will include some fundraising for a special project.

Film School Boot Camp

Cost = \$150

Maximum # of students = 12 (Minimum 6)

Mrs. Gayle Kakac

Lights, camera, action! Spend a week producing, shooting, and editing a video!

Project can be a documentary, short film, or music video but should strive to be culturally relevant while at the same time be edifying to inspire, entertain and influence the culture. Students will then turn the final video into a DVD they may take home. The final project can be entered into a Christian film festival as a new student film.

Note: Daily core hours will be 10:00 am to 4:00 pm, but outside hours including late afternoons and evenings may be required per instructor discretion depending on the nature of the project chosen. Students will need to be available for off-hours work filming and editing, completing a minimum of 40 hours throughout the week. Wednesday - Friday will be extended hours to complete the project. Friday is a 9:00 am start time and runs until the completion of DVD. Students will need to bring a lunch Monday and Tuesday, and lunch or money for food for extended hours Wednesday-Friday.

Joshua Station: Inner-City Denver Practicum

Cost = \$140

Maximum # of students = 12

Mr. Dan Sarian

- *Meets weeklong ministry graduation requirement.*

This practicum is for upper-classmen only and does not involve overnights. Students will be involved with an inner-city Denver Ministry called Joshua Station, (I-25 and 8th Avenue), a branch of Mile High Ministries. Joshua Station is a ministry to families who are trying to break the cycle of homelessness. Joshua Station is an apartment complex where families can live in a clean, healthy and safe environment while getting the assistance and training they need to find employment. On this Practicum we will be doing a “spruce-a-room” project, preparing an apartment for a new family. It’s like an extreme make-over reality show where we improve the physical appearance and comfort of an apartment in preparation for occupants. Your eyes will be opened to the reality of homelessness in our own backyard and how Christians are reaching out to this forgotten group of people.

Ecuador Mission Trip

Cost ≈ \$1000 (approximate)

Maximum # of students = 20 (Minimum 10)

Mrs. Sheri DeHaan

- *Meets weeklong ministry graduation requirement.*

Travel to Perucho, Ecuador, a small village one hour outside of Quito. We will be serving Brad and Erika DeHaan who run a retreat center for underprivileged kids. The FRCS practicum team will help remodel parts of the retreat center, we will serve in the small community of Perucho, meet and interact with the people of Perucho, & minister to the children through Bible stories and songs. You will need a current passport for this trip.

Junior High School Options

Washington D.C.

Pre-registered 8th graders

Mrs. Lorri Berry and Mr. Brent Glossinger

This week will provide opportunities for students who have opted earlier to go on this year's trip. These students will make connections between what they have learned in the classroom and the real-world application of Christian belief. Students will be immersed in our nation's Christian-influence heritage as they visit Williamsburg, Jamestown, monuments and memorials. Students will discuss the historical role of Christianity in government on the Congressional grounds and pray for guidance and courage for the President of the United States outside the White House itself! This is a once in a lifetime opportunity to experience history!

Cooking for Christ

Cost \$100

Maximum Number of Students = 16

Mrs. Carol Clark

This practicum will give you the opportunity to fill:

- Your head with useful information to help you eat and cook well
- Your heart with a desire and passion to reach out to others through food ministry
- Your stomach with lots of tasty treats!

Students who participate in this practicum will spend the week learning all there is to know about food! We will see a professional chef at work, tour a culinary institute and prepare and serve food as a ministry to a large, hungry group of people! Students should apply for this practicum if they love to eat, want to gain experience in food preparation and want to serve others using God's gift of food!

Small Town Colorado

Cost = \$120

Maximum # of students = 12 (7th Grade Only)

Mr. Brian Meek and Mrs. Rene Meek

Journey to the center of the universe – Yampa, Colorado – for a week's immersion into rural America. Students will get a true dose of community in this small town by participating in small town ministry, ranching, business, medical response, recreation and wildlife, education, and government all through the eyes of the locals. The week will include a trip to the shooting range for a little hunter safety experience. The week will include an adventure as the "small towners" head to the "big city" of Steamboat Springs for some fun and entertainment including a dip in the hot springs.

Life in Colorado

Cost = \$170

Maximum # of students = 22

Mr. Nino Furneri and Ms. Tammy Michaels

Get out and enjoy the amazing state we live in! Practicum will include: trip to Colorado Springs, overnight at the Cheyenne Mountain Zoo, Rockies Game, Spaghetti Factory, Colorado History Museum, service project at Chatfield Reservoir, and hiking at Garden of the Gods Park. Cost includes lunches and entrance fees.

Ecuador Mission Trip

Cost ≈ \$1000 (approximate)

Maximum # of students = 20 (Minimum 10)

Mrs. Sheri DeHaan

- *Meets weeklong ministry graduation requirement.*

Travel to Perucho, Ecuador, a small village one hour outside of Quito. We will be serving Brad and Erika DeHaan who run a retreat center for underprivileged kids. The FRCS practicum team will help remodel parts of the retreat center, we will serve in the small community of Perucho, meet and interact with the people of Perucho, & minister to the children through Bible stories and songs. You will need a current passport for this trip.

This parent-signed form must be turned into the high school office by Monday, November 23rd.

Late forms will require an additional \$25 non-refundable late fee assessment that will not be applied to the cost of the practicum.

Please indicate top three practicum choices.

Student name _____

Student grade in school: _____

Choice #1 _____ (practicum title)
PRINT LEGIBLY!

Choice #2 _____ (practicum title)

Choice #3 _____ (practicum title)

I have reviewed the above options and approve my student's choices. I am aware that practicum assignments will be made based on these choices and that assignments will not be changed except for extreme medical need.

Parent name

Parent signature

FRCS office use only:

\$25 FRCS Check Attached (late fee)

Parent Signature

Date Received: